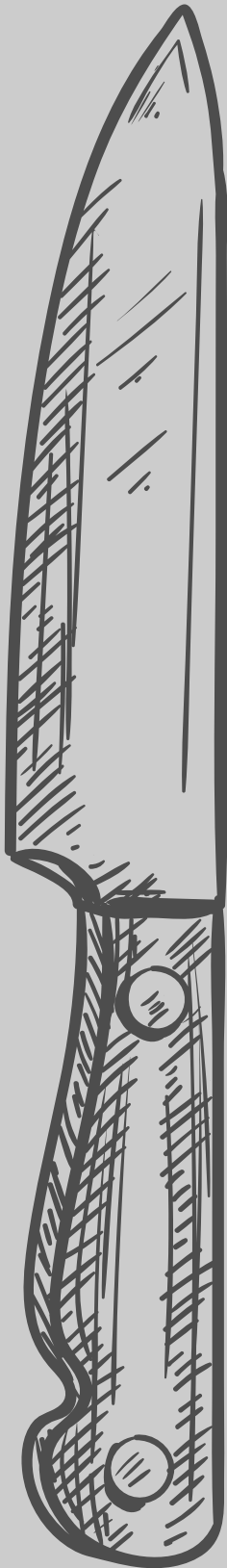


## TIPS FOR

# KNIFE SAFETY



- Always use a sharp knife as it helps prevent injuries and cuts
- Avoid putting a used knife in the sink with water, as it won't be visible to yourself or anyone else reaching into the sink
- If a knife is going to fall on the floor, avoid trying to reach for it or catch it
- When walking in the kitchen with a knife ensure the blade is facing down and held towards the side of your body
- Avoid running or rushing around the kitchen with a knife
- Carry your knife individually and don't try and carry it with other kitchen utensils or equipment
- Place the knife back in the cover once it's been cleaned and avoid placing it loosely in a drawer with other utensils