

Regional Emergency Response Council Emergency

Food Hamper - Round 5

Funding: This hamper initiative could not have been possible without the funding from Social and Housing Services, the Social Serviced Relief Fund and a sponsorship from Children's Aid Society of SDG.

Agency Referrals: On May 14th 2021 an email was sent to community agencies announcing the 5th round of Covid relief emergency food hampers. Agencies were asked to submit a password protected excel sheet with the first initial, last name, phone number and address number of clients they were referring. We also made it mandatory that agencies handle their own deliveries. The received client lists were then cross referenced to find any duplications.

Self Referrals: A press release was sent to local media on May 31st regarding the project. Included in that release was information on how clients could self refer. Those who believed they needed the extra support were asked to phone 613-930-4892 ext 253 and leave a detailed message with their name, phone number, full address, and how many people live in their household. Hailey Budgell, Summer student and Stephanie Beauvais, Administration and Project Assistant for the Social Development Council reviewed the voicemail box several times a day and returned calls to confirm client information. The deadline to call and register was Friday June 11. The self-referral deadline was extended to June 16 since there were a few available hampers after the deadline.

Volunteers: 111 people registered to volunteer between Monday June 21st and Friday June 25th. Volunteers were scheduled no more than 20 at a time. When volunteers arrived they were asked to sanitize their hands and fill out an EOHU screening form. If the volunteer had symptoms they were sent home. All volunteers were required to wear masks and physically distance from other volunteers. Volunteers helped set up, clean up, pack hampers, load up cars and deliver to the self-referred clients.

The Hamper: The hampers consisted of 2 sizes of boxes. Regular and Family. All 1626 households received a Regular Box. Families also received an additional Family box.

The Regular Box Consisted of the Following:

1 Bag of Potatoes
1 Bag of Carrots
1 Bag of Onions
1 Bag of Oranges
1 Bag of Apples
Apple Sauce
Baked Beans
Canned beans (Kidney, chickpea etc.)
Peanut Butter
Canned Vegetables
Canned Soup x2
Canned Tomatoes
Pasta Sauce

Canned Tuna x 2
Pasta
Crackers (1 Sleeve)
Cereal
Rice
Bread
1 Dozen Eggs
Chips
Milk (1L)
2.2 lbs of Lean ground beef

The additional box received by families consisted of the following:

Yogurt 750g
Canned Vegetables

Canned Soup
Canned Tomatoes
Pasta Sauce
Canned Tuna x 2
Pasta
Crackers (1 Sleeve)
Fruit Snacks (Welche's)
Deli Meat
Granola Bars

Additionally, every hamper included a flyer about vaccinations provided by the Eastern Ontario Health Unit.

Project by the numbers: 1626 hampers were distributed. 569 to families and 1057 to singles or couples. Below you will find the breakdown by agency.

Agency	Family	Singles	Total Clients	Percentage of total Served
Assertive Community Treatment Team	2	21	23	1.41%
Association des femmes immigrantes francophones Cornwall-SDG	17	1	18	1.11%
Big Brothers Big Sisters of Cornwall and Area	15	0	15	0.92%
Canadian Mental Health Association	62	247	309	19.00%
Carefor	0	26	26	1.60%
Carefor - ALS	2	9	11	0.68%
Carefor - Befriending	1	6	7	0.43%
Center 105	12	67	79	4.86%
Centre de santé communautaire de l'Estrie - Cornwall	10	26	36	2.21%
Children's Aid Society Of SDG	89	5	94	5.78%
Community Living Glengarry	0	13	13	0.80%
Community Living Stormont	2	14	16	0.98%

Conseil Économique et Social d'Ottawa-Carleton (CESOC)	2	1	3	0.18%
Cornwall and Area Housing Corporation	0	10	10	0.62%
Cornwall Hospice	3	8	11	0.68%
Dundas Hospice	0	5	5	0.31%
Eastern Ontario Health Unit	28	0	28	1.72%
Équipe psycho-sociale	3	2	5	0.31%
Flexible Assertive Community Treatment Team for Persons Dually Diagnosed (FACTT-DD)	0	2	2	0.12%
Health Link	0	5	5	0.31%
Inspire Community Support Services	22	35	57	3.51%
J. W. MacIntosh Community Support Services	0	5	5	0.31%
Job Zone d'emploi	3	5	8	0.49%
Laurencrest Youth Services Inc	4	0	4	0.25%
Maxville Manor	1	64	65	4.00%
Newcomer Employment & Welcome Services	5	3	8	0.49%

Organisation Horizon Jeunesse Démunie	18	12	30	1.85%
OSPCA (Linda Selkirk)	12	37	49	3.01%
Parole and Probation - Ministry of the Solicitor General	0	1	1	0.06%
Seaway Valley Community Health Center	31	172	203	12.48%
Self-Referrals	93	189	282	17.34%
Sexual Assault Support Services SDG&A	7	3	10	0.62%
Social and Housing Services	24	27	51	3.14%
Unity Street Help Cornwall	10	21	31	1.91%
Upper Canada District School Board	60	3	63	3.87%
Victim Services of SDG&A	7	1	8	0.49%
Vista Centre Brain Injury Services	0	1	1	0.06%
York Center	19	1	20	1.23%
Youth Connections	1	0	1	0.06%
Youth In Transition - GIAG	0	8	8	0.49%

Youth Justice Services	3	1	4	0.25%
YouTurn	1	0	1	0.06%
Total:	569	1057	1626	100.00%

Partners:

- Kriska Transportation - Donated a refrigerated trailer with enough diesel to ensure our perishable foods stayed fresh.
- City of Cornwall - Provided large garbage and recycling bins for the week and transported grocery carts to and from our facility to be used by volunteers for packing
- Food was purchased at Giant Tiger, No Frill, Cardinal Meats and Nutrigroupe. Some at a reduced rate.
- Freshco provided grocery carts for the week.
- Biscuit Leclerc donated Cookies and granola bars for our family hampers.
- Sunbelt Rentals provided a forklift, pallet trucks, tables, and chairs at no cost.
- Visual Vinyl and Print provided signage at no cost.
- Nolan at Dairy Queen provided coupons for all volunteers to enjoy a blizzard.
- DemoPlus provided traffic cones to create our drive thru.
- Simplex rented flat carts at a reduced rate.

Read More [Here](#).