



## *Bridges Out of Poverty - Workshop*

**Thursday, May 25, 2017 9:00am to 4:00pm**

Ramada Inn - Cornwall, Ontario

Tickets available at: <https://www.eventbrite.com/e/bridges-out-of-poverty-workshop-tickets-32657703069>  
Cost: \$40 for CANAA members, \$45 for General Admission (includes light breakfast, lunch, and program manual)

Join us for a 1-day Workshop offered through a collaboration between Bridges Out of Poverty, and coordinated through the Community Action Network Against Abuse (CANAA).

### What is Bridges out of Poverty?

Bridges out of Poverty is a framework designed to educate individuals from the middle or upper class on what it means to live in poverty. The Bridges Out of Poverty workshop provides key strategies when working with individuals living in poverty. Gain a deeper understanding of the challenges and strengths of people living in poverty. Topics include:

- Increasing awareness of differences in economic cultures
- Exploring the hidden rules of economic class and examining how those differences effect opportunity for success.
- Examining the impact of poverty on families
- Identifying ways to improve relationships and develop new tools to better address individual needs.

### Workshop will be delivered by Elaine Weir

Elaine Weir is a Public Health Nurse with Wellington-Dufferin-Guelph Public Health and certified Bridges out of Poverty facilitator who brings 32 years of experience and expertise to the Bridges initiative. Elaine has worked in a variety of organizations including hospitals, communities and educational settings.

### Workshop brought to you by:



For more information, contact Sarah at [canaa.racca.coordinator@gmail.com](mailto:canaa.racca.coordinator@gmail.com) or at (613) 662-7192